



# Alignment Document

## State of Wisconsin And Aventa Learning Health

### Health

#### 2005-2007 Benchmark Blueprint

State Standard Number	State Standard Area / Description	Unit Name	Course Topic Description
A.12	Students in Wisconsin will understand concepts related to personal health promotion and disease prevention.		
A.12.1	Describe the interrelationships of mental, emotional, social, and physical health throughout adulthood	Introduction to Health and Wellness  Introduction to Health and Wellness  Introduction to Health and Wellness  Introduction to Health and Wellness  Introduction to Health and Wellness  Mental Health  Mental Health  Mental Health  Mental Health	Mental health  Emotional health  Social health  Physical health  Decision making  Theories of personality  Stress  Depression  ADHD, Mental Disorders



		Mental Health	Suicide
		Mental Health	Defense Mechanisms
		Mental Health	Grieving
		Mental Health	Communication w/ Family, Peers and Others
		Human Sexuality	Adolescence
		Human Sexuality	Date rape
		Human Sexuality	Abstinence
		Nutrition	Calories, physical activity
		Alcohol, Drugs and Addiction	Dealing with addiction
A.12.2	Analyze how the environment influences the health of the community	Introduction to Health and Wellness	Mental health
		Introduction to Health and Wellness	Emotional health
		Introduction to Health and Wellness	Social health
		Introduction to Health and Wellness	Physical health
		Introduction to Health and Wellness	Technology
		Introduction to Health and Wellness	Decision making
		Mental Health	Theories of personality
		Mental Health	Stress
		Mental Health	Depression
		Mental Health	ADHD, Mental



			Disorders
		Mental Health	Suicide
		Mental Health	Defense Mechanisms
		Mental Health	Grieving
		Mental Health	Communication w/ Family, Peers and Others
		Human Sexuality	Contraception
		Human Sexuality	STD's
		Human Sexuality	Date rape
		Human Sexuality	Abstinence
		Human Sexuality	Abortion
		Disease	Infectious Disease
		Disease	Pathogens
		Disease	Childhood Infectious diseases
		Disease	Vaccines
		Disease	Common Infectious diseases
		Disease	Chronic diseases
		Nutrition	Food Pyramid, food groups, meal planning
		Nutrition	Essential nutrients
		Nutrition	Fad Diets
		Nutrition	Calories, physical activity
		Consumer Health	Government agencies - National, Federal, State and Local, Not for profit
		Consumer Health	Reading food labels



		Consumer Health Consumer Health Alcohol, Drugs and Addiction Alcohol, Drugs and Addiction Alcohol, Drugs and Addiction Alcohol, Drugs and Addiction Alcohol, Drugs and Addiction Alcohol, Drugs and Addiction Alcohol, Drugs and Addiction	Choosing a doctor Hospitals Consumer Rights Health advertising techniques Types of Health Insurance Alcohol Drugs –various types Tobacco Dealing with addiction
A.12.3	Describe how to enhance health and reduce risks throughout life	Intro to Health/Wellness Mental Health Human Sexuality Human Sexuality Human Sexuality Human Sexuality Human Sexuality Human Sexuality Disease Disease Disease Disease Disease	Decision making Stress Contraception Hormonal, barrier, surgical contraception STD's, viral, bacterial Date rape Abstinence Abortion Infectious Disease Pathogens Childhood Infectious diseases Vaccines Common Infectious diseases

		Disease	Chronic diseases
		Nutrition	Food Pyramid, food groups, meal planning
		Nutrition	Essential nutrients
		Nutrition	Fad Diets
		Nutrition	Calories, physical activity
		Consumer Health	Reading food labels
		Consumer Health	Choosing a doctor
		Consumer Health	Hospitals
		Consumer Health	Consumer Rights
		Consumer Health	Health fraud/quackery
		Consumer Health	Types of Health Insurance
		CPR and First Aid	Adult and Child CPR
		CPR and First Aid	Infant CPR
		CPR and First Aid	Choking
		CPR and First Aid	Shock, bleeding, burns, eye injury, fractures, snake bites, and special situations
		Alcohol, Drugs and Addiction	Alcohol
		Alcohol, Drugs and Addiction	Drugs –various types
		Alcohol, Drugs and Addiction	Tobacco
		Alcohol, Drugs and Addiction	Dealing with addiction
A.12.4	Analyze how the prevention and control of health problems are influenced by education, research, and advances in all health-care	Introduction to Health and Wellness	Technology
		Introduction to	Decision making

	fields	<p>Health and Wellness</p> <p>Human Sexuality</p> <p>Human Sexuality</p> <p>Human Sexuality</p> <p>Disease</p> <p>Disease</p> <p>Disease</p> <p>Disease</p> <p>Disease</p> <p>Disease</p> <p>Disease</p> <p>Nutrition</p> <p>Consumer Health</p> <p>Alcohol, Drugs and Addiction</p> <p>Alcohol, Drugs and Addiction</p> <p>Alcohol, Drugs and Addiction</p> <p>Alcohol, Drugs and Addiction</p>	<p>Contraception</p> <p>STD's</p> <p>Abortion</p> <p>Infectious Disease</p> <p>Pathogens</p> <p>Childhood Infectious diseases</p> <p>Vaccines</p> <p>Common Infectious diseases</p> <p>Chronic diseases</p> <p>Calories, physical activity</p> <p>Health fraud/quackery</p> <p>Alcohol</p> <p>Drugs</p> <p>Tobacco</p> <p>Dealing with addiction</p>
A.12.5	Explain the impact of personal health behaviors on the functioning of body systems	<p>Mental Health</p> <p>Mental Health</p> <p>Human Sexuality</p> <p>Human Sexuality</p> <p>Human Sexuality</p> <p>Human Sexuality</p> <p>Human Sexuality</p>	<p>Stress</p> <p>Depression</p> <p>Male/Female Reproductive Anatomy</p> <p>Adolescence</p> <p>Contraception</p> <p>STD's</p> <p>Abstinence</p>



		Disease	Infectious Disease
		Disease	Pathogens
		Disease	Childhood Infectious diseases
		Disease	Vaccines
		Disease	Common Infectious diseases
		Disease	Chronic diseases
		Nutrition	Food Pyramid, food groups, meal planning
		Nutrition	Essential nutrients
		Nutrition	Fad Diets
		Nutrition	Calories, physical activity
		Consumer Health	Reading food labels
		Consumer Health	Choosing a doctor
		Alcohol, Drugs and Addiction	Alcohol
		Alcohol, Drugs and Addiction	Drugs
		Alcohol, Drugs and Addiction	Tobacco
		Alcohol, Drugs and Addiction	Dealing with addiction
A.12.6	Analyze how the family, peers, and community influence the health of individuals	Mental Health	Communication w/ Family, Peers and Others
		Human Sexuality	Abstinence, Consequences of Sexual Activity, Contraception
		Human Sexuality	STD's
		Human Sexuality	Abstinence



		Human Sexuality	Abortion
		Consumer Health	Government agencies
		Consumer Health	Choosing a doctor
		Consumer Health	Consumer Rights
		Consumer Health	Health advertising techniques
		Consumer Health	Health fraud/quackery
		CPR and First Aid	Adult and Child CPR
		CPR and First Aid	Infant CPR
		CPR and First Aid	Choking
		Alcohol, Drugs and Addiction	Alcohol
		Alcohol, Drugs and Addiction	Drugs
		Alcohol, Drugs and Addiction	Tobacco
		Alcohol, Drugs and Addiction	Dealing with addiction
A.12.7	Analyze how behavior can impact health maintenance and disease and injury prevention	Introduction to Health and Wellness	Mental health
		Introduction to Health and Wellness	Emotional health
		Introduction to Health and Wellness	Social health
		Introduction to Health and Wellness	Physical health
		Introduction to Health and Wellness	Technology
		Introduction to Health and Wellness	Decision making



		Mental Health	Theories of personality
		Mental Health	Stress
		Mental Health	Depression
		Mental Health	ADHD, Mental Disorders
		Mental Health	Suicide
		Human Sexuality	Contraception
		Human Sexuality	STD's
		Human Sexuality	Date rape
		Human Sexuality	Abstinence
		Human Sexuality	Abortion
		Disease	Infectious Disease
		Disease	Childhood Infectious diseases
		Disease	Vaccines
		Disease	Common Infectious diseases
		Disease	Chronic diseases
		Nutrition	Food Pyramid, food groups, meal planning
		Nutrition	Essential nutrients
		Nutrition	Fad Diets
		Nutrition	Calories, physical activity
		Consumer Health	Reading food labels
		Consumer Health	Choosing a doctor
		Consumer Health	Hospitals
		Consumer Health	Consumer Rights
		Consumer Health	Health advertising

		<p>Consumer Health</p> <p>Consumer Health</p> <p>CPR and First Aid</p> <p>Alcohol, Drugs and Addiction</p> <p>Alcohol, Drugs and Addiction</p> <p>Alcohol, Drugs and Addiction</p> <p>Alcohol, Drugs and Addiction</p>	<p>techniques</p> <p>Health fraud/quackery</p> <p>Types of Health Insurance</p> <p>First Aid- shock, bleeding, burns, eye injury, fractures, snake bites, and special situations</p> <p>Alcohol</p> <p>Drugs</p> <p>Tobacco</p> <p>Dealing with addiction</p>
A.12.8	Analyze how public health and social policies, along with government regulations, influence health promotion and disease prevention	<p>Disease</p> <p>Consumer Health</p> <p>Consumer Health</p> <p>Consumer Health</p> <p>Consumer Health</p> <p>Consumer Health</p>	<p>Vaccines</p> <p>Government agencies</p> <p>Consumer Rights</p> <p>Health advertising techniques</p> <p>Health fraud/quackery</p> <p>Types of Health Insurance</p>
B.12	Students in Wisconsin will practice behaviors to promote health, prevent disease, and reduce health risks.		
B.12.1	Analyze the role of individual responsibility for enhancing health	<p>Intro to Health/Wellness</p> <p>Mental Health</p> <p>Mental Health</p> <p>Mental Health</p>	<p>Decision making</p> <p>Suicide</p> <p>Defense Mechanisms</p> <p>Communication w/ Family, Peers and Others</p>



		Human Sexuality	Contraception
		Human Sexuality	STD's
		Human Sexuality	Date rape
		Human Sexuality	Abstinence
		Human Sexuality	Abortion
		Disease	Infectious Disease
		Disease	Pathogens
		Disease	Childhood Infectious diseases
		Disease	Vaccines
		Disease	Common Infectious diseases
		Disease	Chronic diseases
		Nutrition	Meal Planning
		Nutrition	Essential nutrients
		Nutrition	Fad Diets
		Nutrition	Calories, Physical Activity
		Consumer Health	Choosing a doctor
		Consumer Health	Hospitals
		Consumer Health	Consumer Rights
		Consumer Health	Types of Health Insurance
		CPR and First Aid	Adult and Child CPR
		CPR and First Aid	Infant CPR
		CPR and First Aid	Choking
		CPR and First Aid	First Aid
		Alcohol, Drugs and Addiction	Alcohol



		Alcohol, Drugs and Addiction	Drugs
		Alcohol, Drugs and Addiction	Tobacco
		Alcohol, Drugs and Addiction	Dealing with addiction
B.12.2	Evaluate a personal health assessment to determine strategies for health enhancement and risk reduction	Intro to Health/Wellness	Physical health
		Disease	Chronic diseases
		Nutrition	Physical Activity
B.12.3	Analyze the short-term and long-term consequences of various behaviors	Human Sexuality	Contraception
		Human Sexuality	STD's
		Human Sexuality	Abstinence
		Human Sexuality	Abortion
		Alcohol, Drugs and Addiction	Alcohol
		Alcohol, Drugs and Addiction	Drugs
		Alcohol, Drugs and Addiction	Tobacco
		Alcohol, Drugs and Addiction	Dealing with addiction
B.12.4	Demonstrate strategies to improve and maintain personal, family, and community health	Intro to Health/Wellness	Decision making
		Mental Health	Communication w/ Family, Peers and Others
		Human Sexuality	Date rape
		Human Sexuality	Abstinence
		Nutrition	Meal Planning
		Nutrition	Physical Activity
B.12.5	Develop and practice injury prevention and management strategies for personal, family, and community health	CPR and First Aid	Adult and Child CPR
		CPR and First Aid	Infant CPR
		CPR and First Aid	Choking



		CPR and First Aid	First Aid- shock, bleeding, burns, eye injury, fractures, snake bites, and special situations
B.12.6	Continue to demonstrate ways to avoid and reduce threatening situations	Human Sexuality Disease Consumer Health CPR and First Aid CPR and First Aid CPR and First Aid CPR and First Aid	Date rape Vaccines Consumer Rights Adult and Child CPR Infant CPR Choking First Aid
C.12	Students in Wisconsin will demonstrate the ability to use goal-setting and decision-making skills to enhance health		
C.12.1	Demonstrate the ability to use various decision-making strategies related to health needs and risks	Intro to Health/Wellness Mental Health Human Sexuality Human Sexuality Disease Consumer Health CPR and First Aid Alcohol, Drugs and Addiction Alcohol, Drugs and Addiction	Decision making Suicide Abstinence Abortion Vaccines Types of Health Insurance First Aid Alcohol Drugs
C.12.2	Apply knowledge of individual, family, and community influences to decision-making processes	Intro to Health/Wellness Mental Health Mental Health	Decision making Suicide Communication w/ Family, Peers and



		Human Sexuality Human Sexuality Disease Consumer Health CPR and First Aid Alcohol, Drugs and Addiction Alcohol, Drugs and Addiction	Others Abstinence Abortion Vaccines Types of Health Insurance First Aid Alcohol Drugs
C.12.3	Predict immediate and long-term impacts of health decisions on the individual, family, and community	Intro to Health/Wellness Intro to Health/Wellness Intro to Health/Wellness Intro to Health/Wellness Intro to Health/Wellness Intro to Health/Wellness Mental Health Mental Health Mental Health Mental Health Human Sexuality Human Sexuality Human Sexuality Human Sexuality	Mental health Emotional health Social health Physical health Technology Decision making Stress Depression ADHD, Mental Disorders Suicide Contraception STD's Date rape Abstinence



		Human Sexuality	Abortion
		Disease	Vaccines
		Nutrition	Meal Planning
		Nutrition	Essential Nutrients
		Nutrition	Fad Diets
		Nutrition	Calories, Physical Activity
C.12.4	Develop, implement, and evaluate an effective plan for a healthy and productive life	Intro to Health/Wellness	Physical Health
		Nutrition	Meal Planning
		Nutrition	Physical Activity
D.12	Students in Wisconsin will demonstrate the ability to access valid health information and services.		
D.12.1	Evaluate the validity of health information, products, and services	Consumer Health	Consumer Rights
		Consumer Health	Health advertising techniques
		Consumer Health	Health fraud/quackery
D.12.2	Demonstrate the ability to evaluate resources from home, school, and community that provide valid health information	Nutrition	Food Pyramid, food groups, meal planning
		Consumer Health	Government agencies- National, Federal, State and Local, Not for profit
		Consumer Health	Reading food labels
		Consumer Health	Choosing a doctor
		Consumer Health	Hospitals
		Consumer Health	Consumer Rights
		Consumer Health	Health fraud/quackery
		Consumer Health	Types of Health Insurance
D.12.3	Evaluate factors that influence personal selection of health products and services	Intro to Health/Wellness	Decision Making
		Consumer Health	Government agencies

		Consumer Health	Consumer Rights
		Consumer Health	Health advertising techniques
		Consumer Health	Health fraud/quackery
D.12.4	Demonstrate the ability to access school and community health services for themselves and others	Consumer Health	Government agencies - National, Federal, State and Local, Not for profit
D.12.5	Analyze the cost and accessibility of health-care services	Consumer Health	Types of Health Insurance
D.12.6	Analyze situations requiring professional health services	Consumer Health	Choosing a doctor
		Consumer Health	Hospitals
		CPR and First Aid	Adult and Child CPR
		CPR and First Aid	Infant CPR
		CPR and First Aid	Choking
		CPR and First Aid	First Aid
		Alcohol, Drugs and Addiction	Dealing with addiction
D.12.7	Evaluate potential health careers based upon interests and abilities	Consumer Health	Doctors
E.12	Students in Wisconsin will analyze the impact of culture, media, technology, and other factors on health.		
E.12.1	Evaluate the influences of culture on health behaviors and services	Covered throughout the course	
E.12.2	Evaluate the effect of media and other factors on personal, family, and community health	Consumer Health	Health advertising techniques
E.12.3	Evaluate the impact of technology on personal, family, and community health	Intro to Health/Wellness	Technology
E.12.4	Analyze how information from the community influences health	Consumer Health	Consumer Rights
		Consumer Health	Health advertising techniques
		Consumer Health	Health fraud/quackery
F.12	Students in Wisconsin will		



	demonstrate the ability to use effective interpersonal communication skills to enhance health.		
F.12.1	Demonstrate skills to communicate effectively with family, peers, and others	Mental Health	Communication w/ Family, Peers and Others
F.12.2	Demonstrate healthy ways to express needs, wants, and feelings	Intro to Health/Wellness Intro to Health/Wellness Intro to Health/Wellness Intro to Health/Wellness Intro to Health/Wellness Mental Health Mental Health Mental Health	Mental health Emotional health Social health Physical health Decision making Stress Grieving Communication w/ Family, Peers and Others
F.12.3	Demonstrate ways to communicate care, consideration, and respect for themselves and others	Mental Health Human Sexuality Human Sexuality Human Sexuality Human Sexuality Disease Disease Disease Disease Disease	Communication w/ Family, Peers and Others Contraception Date rape Abstinence Abortion Infectious Disease Childhood Infectious diseases Vaccines Common Infectious diseases Chronic diseases



		Nutrition	Food Pyramid, food groups, meal planning
		Nutrition	Essential nutrients
F.12.4	Demonstrate strategies to solve interpersonal conflicts without harming self or others	Intro to Health/Wellness	Mental health
		Intro to Health/Wellness	Emotional health
		Intro to Health/Wellness	Social health
		Intro to Health/Wellness	Physical health
		Intro to Health/Wellness	Decision making
		Mental Health	Stress
		Mental Health	Depression
		Mental Health	ADHD, Mental Disorders
		Mental Health	Suicide
		Mental Health	Defense Mechanisms
		Mental Health	Grieving
		Mental Health	Communication w/ Family, Peers and Others
F.12.5	Analyze possible causes of conflict	Intro to Health/Wellness	Decision Making
		Mental Health	Stress
		Mental Health	Depression
		Mental Health	Defense Mechanisms
		Mental Health	Communication w/ Family, Peers and Others
		Human Sexuality	Contraception
		Human Sexuality	STD's
		Human Sexuality	Date rape



		Human Sexuality	Abstinence
		Human Sexuality	Abortion
F.12.6	Demonstrate strategies to prevent and resolve conflict in healthy ways	Intro to Health/Wellness	Decision making
		Mental Health	Stress
		Mental Health	Depression
		Mental Health	ADHD, Mental Disorders
		Mental Health	Suicide
		Mental Health	Defense Mechanisms
		Mental Health	Grieving
		Mental Health	Communication w/ Family, Peers and Others
G.12	Students in Wisconsin will demonstrate the ability to advocate for personal, family, school, and community health.		
G.12.1	Evaluate the effectiveness of various methods to accurately express health information and ideas	Consumer Health	Health advertising techniques
		Consumer Health	Health fraud/quackery
G.12.3	Convey valid information and express opinions about health issues	Intro to Health/Wellness	Emotional health
		Intro to Health/Wellness	Technology
		Mental Health	Theories of personality
		Mental Health	ADHD
		Human Sexuality	Hormones
		Human Sexuality	Contraception
		Human Sexuality	Abstinence
		Disease	Disease
		Nutrition	Food Pyramid



		Nutrition Consumer Health CPR and First Aid Alcohol, Drugs and Addiction Alcohol, Drugs and Addiction	Essential nutrients Bill of Rights First Aid Alcohol Fetal Alcohol Syndrome
G.12.4	Demonstrate the ability to work cooperatively when advocating for healthy individuals, families, schools, and communities	Intro to Health/Wellness Intro to Health/Wellness Mental Health	Social health Decision Making Communication w/ Family, Peers and Others
G.12.4	Demonstrate the ability to influence and support others in making positive health choices	Intro to Health/Wellness Mental Health Human Sexuality Disease	Decision making Suicide STD's Vaccines
G.12.5	Utilize strategies to overcome barriers when promoting information, ideas, feelings, and opinions about health issues	Intro to Health/Wellness	Decision making
G.12.6	Demonstrate the ability to adapt health messages and communication techniques to the characteristics of a particular audience	Consumer Health Consumer Health	Health advertising techniques Health fraud/quackery